

Reflective Leadership

There's a new leader emerging. One who is not afraid to go deeper into their own hearts and question their motives and actions from a perspective beyond the everyday thought processes of the mind. This new leader knows there is an inherent wisdom available at all times. A wisdom that requires reflective time, one that will entice the highest vision into reality.

If we sit with ourselves it can be daunting when we are unused to treating our inner existence as anything but scary. We tend to only go into this part of self when we are in need of some kind of therapeutic cleaning, looking for answers to 'why' we feel this and that, behave like this and that. But to treat the soul's journey in this way is to divert from the path of understanding that takes us to a golden place of truth.

Wisdom is not about excusing behaviours with past experiences; childhood hurts and harms, teenage rejections and disturbances. It's about finding a place for those learnings and applying them to a now that is the only moment of power we have.

'Now' allows us to move forward with a maturity beyond our years, beyond our mortal life challenges and create a new experience worth experiencing for all concerned.

This new leader knows how to access human potential through the essence that is our potential. Being resilient is only half the answer. Who knows what the question is? Do we ask the right questions, often enough? Resilience implies a struggle against some mighty oppositional force. There is no flow in resilience. If we can reframe our perspective on what is taking place, a neutral stance that is objective and clear, unmoved by the events on the surface of life, we do not need 'resilience' but an ability to stand tall in our power and recreate from there.

Resilience implies a lack of power and a need for control. Stand firm and hope you don't snap in the gales of time and trials.

'Flow' allows greater participation in the moment where all change happens. There is only now. All else is a memory or a dream. So, how do you access that still point that is the turning point?

Graceful leadership is inspired from the joy of the life force flowing through our entire being. It is inspiration in its purest form. A feeling of light, life and abundance. Everything else is sourced from lower energies at work, an anti-gravitational force that is constantly pulling away from the heavier vibrations of negative thinking and activity. It is hard work. It takes mindfulness to make choices based on what energies are being created as you speak, as you work, as you believe in the story of what is taking place. Making meaning is an essential key to changing these energies into powerful impetuses for real and uplifting change.

When we enter different states of consciousness through quiet moments, deep reflection, and meditation we are able to uplift not only ourselves but all those around us without expending a large amount of energy. You don't have to move a mountain to move a mountain.

Alchemical leadership knows that one element of change sets in train a series of elemental changes. That one change is the impetus for a new outcome and must be carefully thought through before action is set in train. What we call purposeful leadership is not always of divine providence's intent. If we are to work in conjunction with our higher forces we must learn to utilise a new method, one of ancient powers still at work within our very being. Now this is not a call into the realms of black magic and sinister intent. This is an old pagan suspicion lurking in most of mankind's mind and we are missing out on an enormous well-spring of inner resources because of it.

The new leader willingly goes into conscious cooperation with their spiritual gifts and allows a new way to form from the creative source. It is no different from an artist allowing the muse to call them forth into a masterpiece of artistry. We admire these people and perhaps treat them as having some special gift. All that is special about them is they have learned to trust its calling and to accept its existence as part of their very being. And they know the serenity that comes when this energy is allowed to take charge of where this work will lead. The outcome is often unknown to the artist yet we admire it and treat it as even miraculous.

Leadership is no different when we are in that constant connection with our divinity. That's when the world changes for the better. That's when 'problems' are solved for the better and lasting positive change emerges. If this encounter with our authentic self is allowed – as many leaders are now called to – then there will be a new leadership; one of promise for a new world of greater understanding, more efficient use of resources and a new intent for a harmonious existence across nations of peoples. Try the 'new' way, the ancient way of the masters. Go quietly into the place of all action, the root of all blessings and intentions worthy of manifestation. Save time, save energy and save your own misgivings about self and others. What will be will be perfect for all involved when the leader practices states of higher consciousness and giving from this place of enlightened thinking. A true gift is one freely given. Keep giving of the Self and none can fail.

You see then that meditation is more than a way to be revived, or strengthened into resilient behaviours. It is one that allows the leader to shine with a true charismatic force beyond their own attractive qualities. They are the conduit for something magnificent that is beyond their own doing. Don't fear this new leader. This one is the real thing!

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